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Milano

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Ariella Vidach AiEP, Circuito CLAPS, Cro.Me
Cronaca e Memoria dello Spettacolo,
Danae Festival, DANCEHAUSpiù, DiDstudio,
Fattoria Vittadini, FDE Festival Danza Estate,
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Milano Dancing City, ORA Orobie Residenze
Artistiche, Pacta dei Teatri, PimOff,
Teatro Amilcare Ponchielli,
Teatro Franco Parenti

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Also participating in this initiative are:

ArteVOX Teatro

www.artevoxteatro.it/slash-festival

BASE Milano

www.base.milano.it/farout

Fondazione Roberto Bolle

www.ondance.it

Teatro della Quattordicesima

www.teatrodellaquattordicesima.it

All Milano Danza events are available on the APP



MILANO 1ST EDITION DANZA

SEPTEMBER 4
OCTOBER 4
/
2026

THE CITY IS OUR STAGE
A CITYWIDE MONTH OF DANCE





Milano Danza was born from the desire of the **City of Milan**, together with **DANCEHAUSpiù**, to develop a project capable of representing the richness of dance in the city, bringing its many different experiences into dialogue, and making dance increasingly visible, accessible and recognisable.

This proposal fully reflects our mission as a **National Dance Production Centre**: not simply a place where performances are produced and presented, but a cultural institution called upon to take on a broader responsibility. To observe the present, support artistic research, build lasting relationships, and create the conditions for dance to be recognised as an essential part of the life of the city and its surrounding territory.

Freedom, territory and horizon are the words that guide our work and give shape to Milano Danza.

Freedom means safeguarding the plurality of languages, aesthetics, bodies and visions. It means ensuring that artists have spaces for research, production and exchange, while respecting individual identities and creative paths. At the same time, it means enabling audiences to encounter different, and sometimes unexpected, artistic forms capable of engaging with the present and broadening our perspective.

Territory means recognising that culture is built through strong relationships, continuity, listening and shared responsibility. **Milano Danza** takes shape through dialogue with the artistic, cultural and educational organisations active in Milan and Lombardy, and finds one of its main strengths in the **dance card Network** and the other partners involved.

All the cultural organisations taking part in the project represent a wealth of different skills, ideas, venues, audiences and histories. They are not simply a network for participation or promotion, but a cultural community capable of expressing the plurality of contemporary dance. Each contributes its own identity and its ability to build relationships with artists, communities and citizens.

Through this network, **Milano Danza** goes beyond the boundaries of a single event to become a truly distributed project: a system of connections between the city centre and its neighbourhoods, between Milan and the provinces of Lombardy, and between theatres, cultural centres, educational institutions and unconventional spaces. A project that recognises the value of major institutions while acknowledging the essential role of independent and locally rooted organisations.

Horizon means looking beyond the individual initiative and building a shared perspective. It means imagining a city in which dance can inhabit different places, engage with different communities and reach new audiences, contributing to the emergence of a more open, aware and participatory society.

The collaboration with the **City of Milan** is at the origin of this journey and represents one of its founding elements. The commitment of the City Administration, the project and cultural responsibility of **DANCEHAUSpiù**, and the wealth of experience of the **dance card Network and the other partners** have transformed a shared vision into a concrete project addressed to the city and its citizens.

It is a political and cultural choice: to recognise dance as a common good, as a tool for participation, inclusion and collective growth, while also recognising it as a professional sector that must be supported, protected and valued. Milan is a city shaped by different languages, cultures and communities. Within this complexity, dance can play a decisive artistic and civic role: creating connections, fostering listening, making bodies and differences visible, and promoting respect, awareness and freedom.

Milano Danza aims to be a shared space in which plurality is not merely represented, but becomes a working method, a shared responsibility and an artistic value. A project promoted by the City of Milan and developed together with **DANCEHAUSpiù**, the dance card Network, artists, cultural professionals and local communities, with the aim of strengthening the presence of dance throughout the city and transforming a network of relationships into a concrete cultural

dance card

Una card unica
per chi ama la danza

CON IL CONTRIBUTO DI



Regione
Lombardia

Fondazione
CARIPLO



Con dance card hai lo sconto del 50% sul biglietto
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I PARTNER DELLA RETE

ariella vidach AIEP

CIRCUITO
CLAPS
SPETTACOLO
DAL VIVO IN
LOMBARDIA

Cro.me
Cronaca e Memoria dello Spettacolo

DANAE
FESTIVAL

DANCE
HAUS
più
Centro
Nazionale
Produzione
Danza

DiDstudio
DANZA INTERATTIVA DIGITALE

FATTORIA VITTADINI

FDE
FESTIVAL
DANZA
ESTATE

le
Alleanze
dei
Corpi

Milano · Dancing · City
Atto Milano

MILANOOLTRE

PACTA
dei Teatri
SALONE

OROBIE
RESIDENZE
ARTISTICHE

PimOff

FONDAZIONE
TEATRO AMICARE PONCHIELLI
PERMONA

Teatro Franco Parenti
Diretto da Andrea Ruth Shammah



A Card for Dance

Supporting, promoting and expanding contemporary dance across Lombardy

dance card is a network bringing together 16 leading dance organisations across Lombardy, united by a shared commitment to making contemporary dance more accessible, affordable and visible to audiences throughout the region.

At the heart of the project is a dedicated card that offers discounted tickets and special benefits across performances and dance-related activities presented by the Network's partners throughout the season.

A card for everyone who loves dance

- **€5** to activate your card, through dance-card.org or by downloading the free *DanzaDove* app
- **50%** off dance performances
- **Hundreds** of opportunities to experience dance across Lombardy

But dance card goes beyond the card itself. Throughout the year, the Network develops a range of shared projects designed to build new audiences, foster participation, promote dance education and encourage inclusion.

Our participation in **Milano Danza** marks an important step in strengthening and expanding the presence and impact of dance across the region.

From 4 September to 4 October, Milan and Lombardy will become a vibrant stage for dance and the performing arts, bringing together artists, organisations, venues and audiences in an extensive programme celebrating the extraordinary diversity of Milan's cultural landscape.

We are proud to stand alongside the **City of Milan and DANCEHAUSpiù** in an initiative that celebrates the richness of the city's cultural offering while opening dance to an increasingly broad, curious and engaged audience.

dance card is supported by Regione Lombardia and Fondazione Cariplo.

Network Partners

Ariella Vidach AiEP · Circuito CLAPS · Cro.Me Cronaca e Memoria dello Spettacolo · Danae Festival · DANCEHAUSpiù · DiDstudio · Fattoria Vittadini · FDE Festival Danza Estate · Le Alleanze dei Corpi · MILANoLTRE Festival · Milano Dancing City · ORA Orobie Residenze Artistiche · Pacta dei Teatri · PimOff · Teatro Amilcare Ponchielli · Teatro Franco Parenti

Info

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[@retedancecard](https://www.instagram.com/retedancecard)



MILANO DANZA

MILANO DANZA

QUICK CALENDAR | 4_13 SEPTEMBER

2026
1ST EDITION

PERFORMANCE	EDUCATION	OPEN SPACE	DIALOGUES	COMPETITIONS	INCURSIONS	OUTSIDE MILAN
4-6 SEPT	<u>MUD – Milano Urban Dance Festival</u> MUD Parco delle Cave · Milan 09:30 AM – 11:30 PM #education#performance					
5 SEPT	<u>Laboratorio musicALL</u> LA STRADA FESTIVAL Spazio Danzarte · Brescia 10:00 AM – 01:00 PM #education#outsidemilan					
5 SEPT	<u>Cuna</u> FESTIVAL DANZA ESTATE CULT! Sala dell'orologio · Bergamo 07:00 PM #outsidemilan#performance					
5 SEPT	<u>Fatigue</u> FESTIVAL DANZA ESTATE CULT! Sala dell'orologio · Bergamo 09:00 PM #outsidemilan#performance					
6 SEPT	<u>Risuoni – studio</u> DiDstudio_NAOpf26 DiDstudio, Fabbrica del Vapore · Milan 06:00 PM #performance					
6 SEPT	<u>Fear of the dark</u> FESTIVAL DANZA ESTATE CULT! Auditorium · Bergamo 09:00 PM #outsidemilan#performance					
8 SEPT	<u>GOOD VIBES ONLY (beta test)</u> DANAE FESTIVAL ADI Design Museum · Milan 07:00 PM #dialogues#performance#openspace					
8 SEPT	<u>Ad Libitum</u> FESTIVAL DANZA ESTATE DASTE · Bergamo 08:30 PM #outsidemilan#performance					
8-20 SET	<u>Festival IMMERSIONI</u> mare culturale urbano e Piccolo Teatro Varius Location · Milan #education#performance#openspace					
9 SEPT	<u>AeReA</u> DANAE FESTIVAL ADI Design Museum · Milan 07:00 PM #dialogues#performance#openspace					
9 - 19 SET	<u>GET UP</u> FESTIVAL DI ARTE URBANA Luoghi vari · Milano #education#performance#openspace					
10 SEPT	<u>Falena</u> DANAE FESTIVAL ADI Design Museum · Milan 07:00 PM #dialogues#performance#openspace					
10 SET	<u>BLEAH!</u> PAC PAC Padiglione D'arte Contemporanea · Milano 19:00 #dialogues#performance#openspace					
10-11 SEPT	<u>Manifestus</u> FAROUT Live Arts Festival BASE Milano · Milan 08:30 PM / 07:00 PM #performance					
11-13 SEPT	<u>OnDance · Open Class</u> ONDANCE Cortile della Rocchetta · Milan 08:00 AM – 07:00 PM #education					
11-13 SEPT	<u>OnDance Village</u> ONDANCE Cortile delle Armi · Milan 11:00 AM – 01:00 PM #openspace					
11 SEPT	<u>Mirlitons</u> FESTIVAL DANZA ESTATE DASTE · Bergamo 08:30 PM #outsidemilan#performance					
11 SEPT	<u>Swing Dance Night</u> ONDANCE Piazza Duomo · Milan 09:30-11:30 PM #performance					
12 SEPT	<u>Tiger's Nap</u> FAROUT Live Arts Festival Casello San Cristoforo · Milan 04:00-07:20 PM #performance					
12 SEPT	<u>Berika</u> FAROUT Live Arts Festival BASE Milano · Milan 08:30 PM #performance					
12 SEPT	<u>Tango Dance Night</u> ONDANCE Piazza Duomo · Milan 09:30-11:30 PM #performance					
13 SEPT	<u>Marcia OnDance</u> ONDANCE Castello Sforzesco e Parco Sempione 05:00 PM #incursions#openspace					
13 SEPT	<u>musicALL Workshop</u> MILANO DANCING CITY BASE Milano · Milan 05:00-09:00 PM #education					
13 SEPT	<u>Limbo</u> FESTIVAL DANZA ESTATE Teatro Renzo Vescovi · Bergamo 07:00 PM #outsidemilan#performance					

MILANO DANZA

QUICK CALENDAR | 15_23 SEPTEMBER

2026
1ST EDITION

PERFORMANCE	EDUCATION	OPEN SPACE	DIALOGUES	COMPETITIONS	INCURSIONS	OUTSIDE MILAN
13 SEPT	<u>Sulla leggerezza</u> FESTIVAL DANZA ESTATE Teatro Sociale · Bergamo 08:30 PM #outsidemilan #performance					
15 SEPT	<u>CAMPI#1 + musicALL</u> EXISTER, UNA STAGIONE DI DANZA DanceHaus · Milan 07:00/08:30/09:30 PM #performance #incursions #openspace					
15-16 SEPT	<u>Bell End</u> FAROUT Live Arts Festival BASE Milano · Milan 08:30 / 07:00 PM #performance					
16 SEPT	<u>CAMPI#1</u> EXISTER, UNA STAGIONE DI DANZA DanceHaus · Milan 07:00 / 08:00 / 09:00 PM #incursions #performance					
17 SEPT	<u>Pasolini – Fuga verso l'inferno</u> LE ALLEANZE DEI CORPI Fattoria Vittadini · Milan 08:30 / 09:30 PM #performance					
17 SEPT	<u>Corpos Fado + Preludio + Trafitto da un raggio di sole + Leuco</u> EXISTER, UNA STAGIONE DI DANZA DanceHaus · Milan 09:00 PM #incursions #performance					
18 SEPT	<u>FLNLGLS</u> LE ALLEANZE DEI CORPI Piscina Parco Trotter · Milan 07:00 PM #performance #openspace					
18 SEPT	<u>The Doozies</u> TENDENZA CLOWN Teatro Franco Parenti · Milan 07:30 PM #performance					
18 SEPT	<u>Mausoleo + Kindergarten</u> CORPOFORME Spazio AiEP · Milan 07:30 PM #incursions #performance					
18 SEPT	<u>Dive + Sul-Levare</u> EXISTER, UNA STAGIONE DI DANZA DanceHaus · Milan 09:00 PM #incursions #performance					
19 SEPT	<u>Conchioglie</u> SLASH FESTIVAL Mare Culturale Urbano · Milan 10:30 AM #performance #openspace					
19 SEPT	<u>PerformingLab</u> CORPOFORME Spazio AiEP · Milan 10:30 AM – 01:30 PM #education					
19 SEPT	<u>Fallen Angels <derive></u> LE ALLEANZE DEI CORPI Piscina Parco Trotter · Milan 04:00 PM #performance #openspace					
19 SEPT	<u>Lares – studio</u> DiDstudio_NAOpf26 DiDstudio, Fabbrica del Vapore · Milan 06:00 PM #performance					
19 SEPT	<u>Come draghi sepolti + Novantanove + Due Corpi</u> CORPOFORME Spazio AiEP · Milan 07:30 PM #performance					
20 SEPT	<u>Danze ri-abitate</u> CORPOFORME Cooperativa Labriola · Milan 04:30 PM #incursions #openspace #performance					
20 SEPT	<u>Piattaforma_G</u> DiDstudio_NAOpf26 Spazio AiEP · Milan 06:30 PM #incursions #performance					
20 SEPT	<u>Speaking cables</u> SLASH FESTIVAL Spazio Teatro 89 · Milan 08:45 PM #performance					
23-24 SEPT	<u>Workshop The Flood / La Piena</u> FAROUT Live Arts Festival Z.I.A. · Milan 10:00 AM – 04:00 PM #education					
24 SEPT	<u>Restituzione pubblica The Flood / La Piena</u> FAROUT Live Arts Festival Z.I.A. · Milan 07:00 PM #performance					
23 SEPT	<u>Interlinea + Falling</u> MILANO DANCE WEEK Teatro della Quattordicesima · Milan 08:00 PM #competitions #performance					

MILANO DANZA

QUICK CALENDAR | 24 SEPTEMBER_4 OCTOBER

2026
1ST EDITION

PERFORMANCE	EDUCATION	OPEN SPACE	DIALOGUES	COMPETITIONS	INCURSIONS	OUTSIDE MILAN
24 SEPT	<u>La Macchina + I See Beauty</u> MILANO DANCE WEEK Teatro della Quattordicesima · Milan 08:00 PM #competitions #performance					
24 SEPT	<u>Records – per la prima volta nella Storia</u> MILANOltRE FESTIVAL Teatro Elfo Puccini · Milan 08:30 PM #performance					
25 SEPT	<u>Laboratorio di audiodescrizione</u> SLASH FESTIVAL Spazio Teatro 89 · Milan 06:00–08:00 PM #education					
25 SEPT	<u>Volume + Lettera a Virginia</u> MILANO DANCE WEEK Teatro della Quattordicesima · Milan 08:00 PM #competitions #performance					
25 SEPT	<u>Superstella</u> MILANOltRE FESTIVAL Teatro Elfo Puccini · Milan 08:30 PM #performance					
25 SEPT	<u>Alba</u> LE ALLEANZE DEI CORPI Fattoria Vittadini · Milan 08:30 PM #performance					
25 SEPT	<u>Cuna</u> SLASH FESTIVAL Spazio Teatro 89 · Milan 09:00 PM #performance					
25 SEPT	<u>Il Mondo Altrove</u> FUORISCENA Museo Scienza e Tecnologia · Milan 10:30 PM #performance #openspace					
26 SEPT	<u>Acromia + Infusion</u> MILANO DANCE WEEK Teatro della Quattordicesima · Milan 08:00 PM #competitions #performance					
26 SEPT	<u>STAR</u> LE ALLEANZE DEI CORPI Officina Opera · Milan 08:30 PM #performance					
27 SEPT	<u>DanceAbility®</u> SLASH FESTIVAL Parco delle Cave · Milan 15:00 #education					
27 SEPT	<u>Tre</u> SLASH FESTIVAL Spazio Teatro 89 · Milan 07:00 PM #performance					
27 SEPT	<u>ConTatto</u> LE ALLEANZE DEI CORPI Palestra Pontano CPIA5 · Milan 07:00 PM #performance					
29–30 SEPT	<u>Trailer Park</u> MILANOltRE FESTIVAL Teatro Elfo Puccini · Milan 08:30 PM #performance					
30 SEPT	<u>Urban Rituals</u> CORPOFORME Spazio AiEP · Milan 07:00 PM #performance #openspace					
1 OCT	<u>Performing Futures – Reloaded</u> FATTORIA VITTADINI Fattoria Vittadini · Milan 06:00 PM #performance					
1–3 OCT	<u>Vidavè Theater Camp 2026</u> PACTA SALONE PACTA Salone · Milan 10:00 AM - 02:00 PM #education					
1–3 OCT	<u>Ma a che serve la luce?</u> MILANOltRE FESTIVAL Teatro Elfo Puccini · Milan 08:30 PM #performance					
2 OCT	<u>Workshop Caring Through Dance</u> PIMOFF PimOff · Milan 09:00 AM- 05:00 PM #education					
2–4 OCT	<u>Trajectoires du rêve</u> EXTRADANAE LachesiLAB · Milan 12:00 PM –06:00 PM #education					
4 OCT	<u>Milano che Danza</u> MILANO CHE DANZA DanceHaus · Milan premiazione #competitions					

FRIDAY 4 SUNDAY | 6 SETTEMBRE

#education

#performance

MUD - MILANO URBAN DANCE FESTIVAL

📍 Parco delle Cave (entrance from Via delle Forze Armate) | MILAN
from 9:30 AM to 11:30 PM

Free performances, battles, classes and urban dance workshops

Promoted by DANCEHAUSpiù

4
6

SEPTEMBER_



Ph Salvatore Lazzaro



At the heart of Parco delle Cave, the Festival presents more than 30 free events, including performances, workshops, open classes, battles and participatory activities, ranging from hip hop to Afro dance, waacking and screendance, through to Caribbean dances and Argentine tango.

A project celebrating dance in all its forms as a language of encounter, inclusion and intercultural dialogue.

The Festival is promoted by DANCEHAUSpiù – National Dance Production Centre – as part of Milano è Viva 2026, with the support of the Ministry of Culture (MiC), Regione Lombardia and the City of Milan.

Further information: dhpiu.com

MILANO
è VIVA

DANCE
HAUS
più
Centro
Nazionale
Produzione
Danza

dance
card

SATURDAY | 5 SEPTEMBER

#education

#outsidemilan

LA STRADA FESTIVAL

📍 Spazio Danzarte (Villaggio Ferrari, 25) | BRESCIA

from 10:00 AM to 1:00 PM

musicALL Workshop by Lost Movement



Ph Chiara Borghini

5

SEPTEMBER

As part of *La Strada Festival* in Brescia, Lost Movement presents a movement workshop open to everyone, regardless of previous dance experience or age.

The workshop draws on and connects with the themes explored in the Company's two most recent productions, *dancehALL* and *musicALL*: community and the power of dance to bring people together and create relationships.

Together with the performers and creators, participants will be guided through ballroom dances such as the cha-cha and jive, before immersing themselves in the country atmosphere of one of the iconic cult films of the 1980s: *Footloose*.

Further information: claps.lombardia.it

**CIRCUITO
CLAPS**
SPETTACOLO
DAL VIVO IN
LOMBARDIA

dance
card

Fondazione
CARIPLO



SATURDAY | 5 SEPTEMBER

#outsidemilan

#performance

FESTIVAL DANZA ESTATE

📍 CULT! Sala dell'orologio (Piazza della Libertà, 7) | BERGAMO

7:00 PM

Cuna by Giuseppe Comuniello

5

SEPTEMBER_



Ph Giovanni William Palmisano

Cuna – an archaic word for “cradle”.

Blind dancer Giuseppe Comuniello creates a universe of sensations that takes shape in the darkness. Dance, the sound of the harp, fragrance, soft light, suspended time and seating come together to create a welcoming landscape.

An immersive contemporary dance performance designed for unconventional spaces.

Further information: festivaldanzaestate.it



danCe
card

SATURDAY | 5 SEPTEMBER

#outsidemilan

#performance

FESTIVAL DANZA ESTATE

📍 CULT! Sala dell'orologio (Piazza della Libertà, 7) | BERGAMO

9:00 PM

Fatigue by Irene Russolillo

Ph Monia Pavoni



5

SEPTEMBER

Fatigue is a choral, vocal and physical performance about the act of moving forward. It evokes a climb and a procession, with breath and singing at the origin of the choreography.

A body made up of many bodies confronts the physical and spiritual effort of movement, allowing visions and traces of people and places that have been lost or left behind to emerge. Ascent is usually employed as a metaphor for achieving a goal or even conquering new territories. But what if there were no summit to reach, and the journey took place across an infinitely flat surface?

Fatigue pushes bodies and voices to their limits, within a space that is both a place of struggle and mutual support, as they create a fleeting shelter before the journey continues, beyond the gaze.

Further information: festivaldanzaestate.it



dance
card

SUNDAY | 6 SEPTEMBER

#performance

DiDstudio_NAOpf26 | Ricerca e Produzione

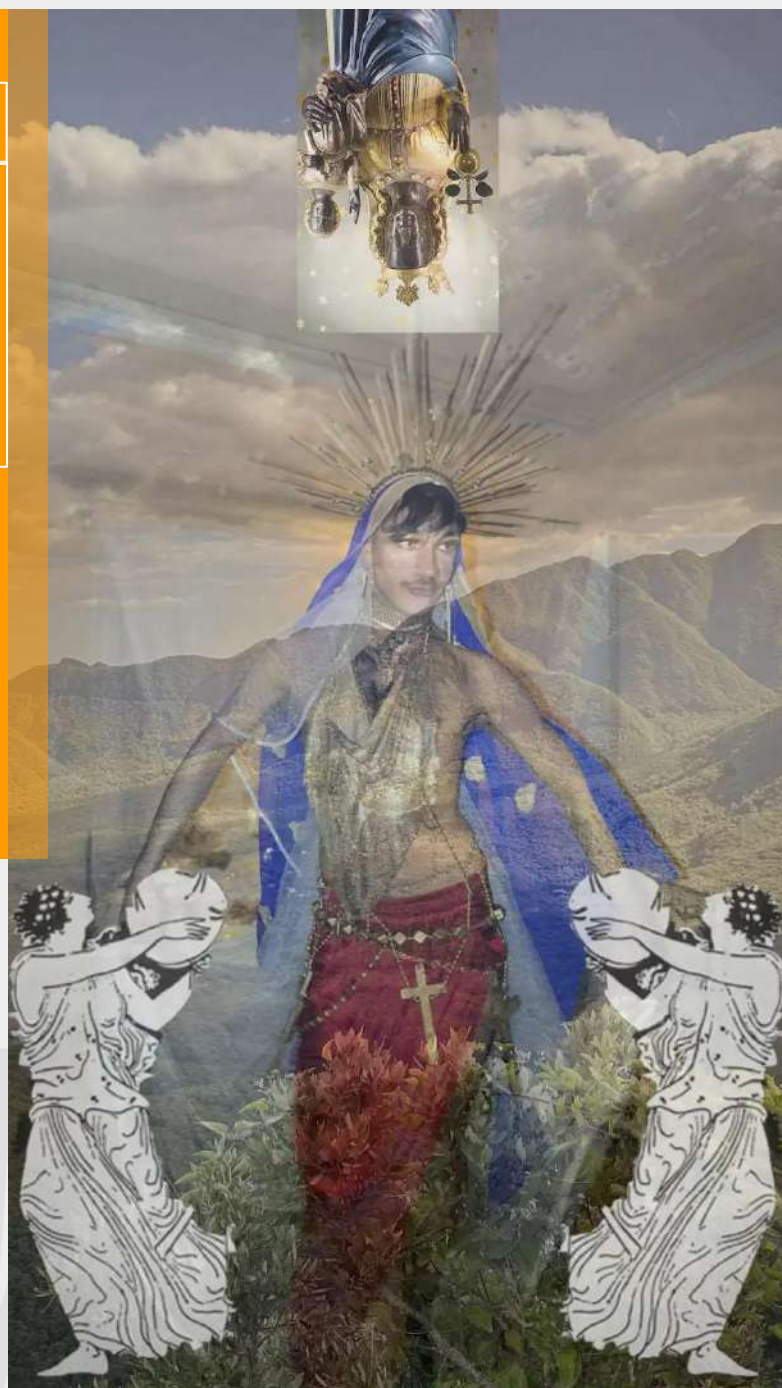
📍 DiDstudio - Fabbrica del Vapore (via Procaccini, 4) | MILAN

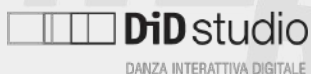
6:00 PM

Risuoni – studio by Sebastian Varra / NCBC

6

SEPTEMBER_



 **DiDstudio**
DANZA INTERATTIVA DIGITALE

danCe
card

Mountain sanctuaries, altars along the paths, statues familiar to everyone: the Marys, the Virgins, the Madonnas. Symbols that run throughout Italy and that find their starting points in the Black Madonna of Oropa and the Madonna of Montevergine.

The Madonnas become a means of exploring feminist liturgies, Northern and Southern Italian traditions, sacred music and new forms of queer pilgrimage. They inspire a research process that transforms the Madonna into a welcoming and powerful figure.

Blending *tammurriata*, liturgical music and reinvented tradition, the work draws on popular festivals, the small towns we live in, and the desire to create a shared voice.

Further information:
didstudio.org

SUNDAY | 6 SEPTEMBER

#outsidemilan

#performance

FESTIVAL DANZA ESTATE

📍 CULT! Auditorium (Piazza della Libertà, 7) | BERGAMO

9:00 PM

Fear of the Dark by Cult of Magic



6

SEPTEMBER

Darkness is frightening because it forces us to exist without our guiding sense: sight. What happens when the eye can see only black? Images continue to exist in our minds; even when we cannot physically see them, they come from elsewhere — from within, from below.

Fear of the Dark draws inspiration from the grimoire *The Key of Solomon*, which describes how to summon seventy-two spirits called upon to fulfil humanity's most basic desires. These ideas are reinterpreted through the theories of psychoanalyst James Hillman, who invites us to explore mythology as a manifestation of our ancestors' unconscious.

The fusion of these two sources gives rise to a performance that does not follow the rules of logic, but instead stages an unconscious landscape in which the systems of the world above no longer apply, giving way to those of dreams.

As suggested by the etymology of the English verb "understand" - literally, "to stand under" - logic is not always the best path to understanding. The three dancers on stage shed their human identities to become something else. Dance generates images that are more sensory than visual, while music accompanies the descent into this elsewhere, a realm of primordial fears and desires - not described through language, but experienced as an original impulse.

A dreamlike journey through an inner landscape where, just as in darkness, images emerge from the subconscious: intangible representations of hidden desires and unspoken impulses.

Further information: festivaldanzaestate.it

 **FDE** FESTIVAL
DANZA
ESTATE

dance
card

TUESDAY | 8 SEPTEMBER

#dialogues

#performance

#openspace

DANAE FESTIVAL - PREVIEW

📍 ADI Design Museum (Piazza Compasso d'Oro, 1) | MILAN

7:00 PM

GOOD VIBES ONLY (beta test) by Francesca Santamaria

A conversation with the audience moderated by Stefano Mirti.

8

SEPTEMBER_



Ph Clara Mammarella

The project stems from an exploration of scrolling: a quick, repetitive gesture that opens up a potentially endless stream of content and, beneath its apparent banality, raises existential, political, social and ethical questions about the contemporary world.

What emerges is a highly precise choreography in which Santamaria's body becomes a "scrolling body", moving through sound cues drawn from the most disparate sources across the web, with remarkable lightness and irony.

Follow by

A conversation with the audience moderated by Stefano Mirti, designer and educator, whose work spans various fields of innovation.

Further information: danaefestival.com

DANAE
FESTIVAL

danCe
card

TUESDAY | 8 SEPTEMBER

#outsidemilan

#performance

FESTIVAL DANZA ESTATE

📍 DASTE (via Daste e Spalenga, 15) | BERGAMO

8:30 PM

Ad Libitum by Simon Le Borgne and Ulysse Zangs

Ph. Clara Mammana



8

SEPTEMBER

Ad Libitum intertwines dance and live music in a dialogue about the desire for transformation. In a circular space, body and sound move through balance, falling and rebirth, exploring the relationship between form and identity.

Through breath, listening and counterpoint, Simon Le Borgne and Ulysse Zangs create a performance that explores what happens when changing one's skin becomes a necessary gesture.

Further information: festivaldanzaestate.it



dance
card

TUESDAY 8 SUNDAY | 20 SEPTEMBER

#education

#performance

#openspace

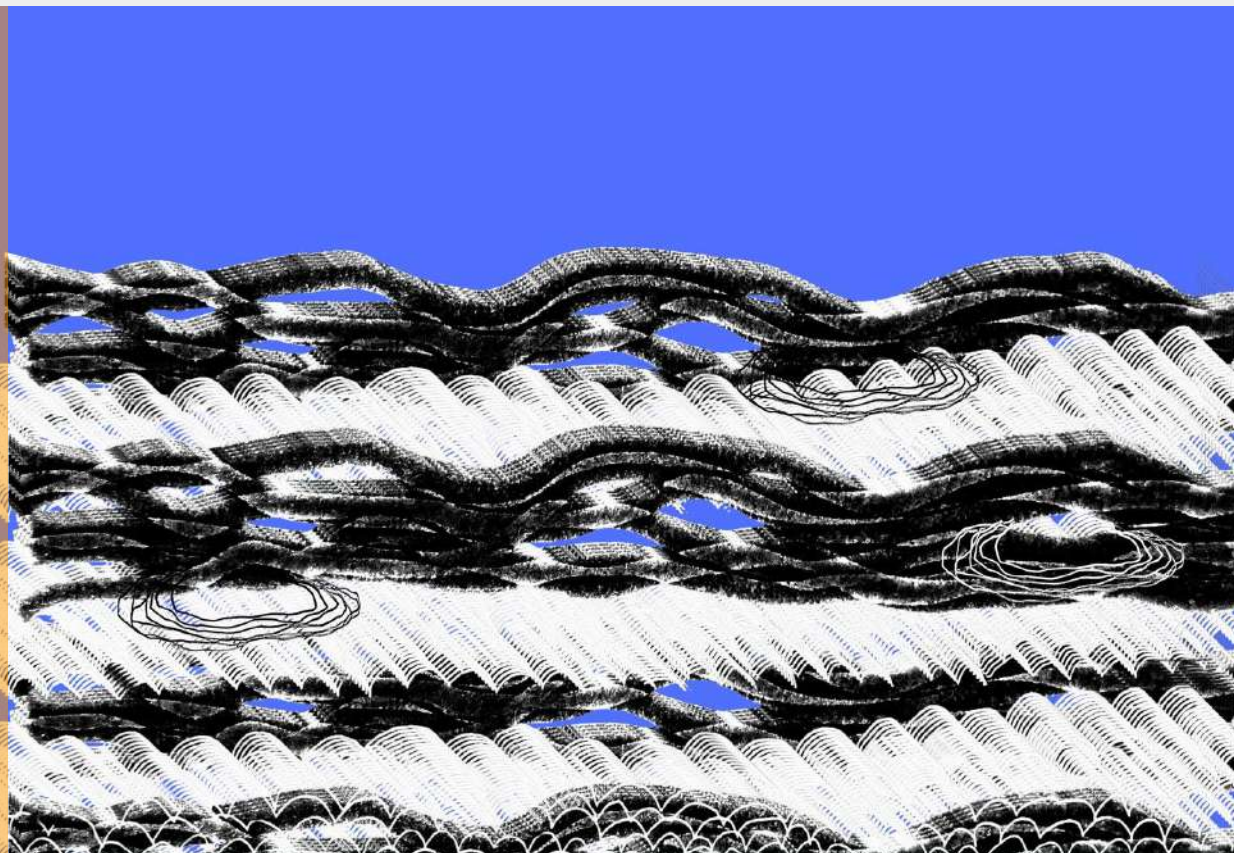
Festival IMMERSIONI

📍 MILAN | Teatro Paolo Grassi / Chiostro Nina Vinchi / Relax City House / Mercato di Via Osoppo / Piazzale Salinunte / mare culturale urbano / CasciNet

A project by mare culturale urbano and Piccolo Teatro di Milano

8-
20

SEPTEMBER_



Santa Terra - Miracolo a San Siro

From 8 to 20 September 2026, the IMMERSIONI Festival returns to Milan. A project by mare culturale urbano and Piccolo Teatro di Milano, taking place in the San Siro neighbourhood.

Co-produced by mare culturale urbano and Piccolo Teatro di Milano – Teatro d'Europa, now in its fifth edition, the festival is a platform for experimentation in contemporary dramaturgy in Milan. It is a space for coexistence, connection and exchange, open to citizens and the wider community, driven by the artists involved and by participatory dramaturgical processes.

Within this project, the artist is understood as someone who brings people closer to artistic creation and participation, so that culture and art can become, with ever greater clarity, a collective ritual: a tool for processing the present, deepening our awareness as citizens, and imagining together how to build a better future.

Further information: piccoloteatro.org e maremilano.org



TUESDAY 8 SUNDAY | 20 SEPTEMBER

#performance

#openspace

Festival IMMERSIONI

📍 MILAN | Teatro Paolo Grassi / Chiostro Nina Vinchi / Relax City House / Mercato di Via Osoppo / Piazzale Salinunte / mare culturale urbano / CasciNet

A project by mare culturale urbano and Piccolo Teatro di Milano



Il bosco dei sogni

8-
20

SEPTEMBER_

For its fifth edition, IMMERSIONI focuses, for the first time, its entire programme on a single area: the San Siro neighbourhood. Rather than treating the neighbourhood as a mere setting, the Festival engages with it as a living participant in the artistic process, presenting a programme structured around two complementary moments and geographies that bring the centre and the margins into dialogue. On the one hand, performances premiering at Teatro Paolo Grassi (8–15 September), emerging from the research and residency programme of *Indagine Milano* and supported by a curatorial team comprising Davide Carnevali, Federica Fracassi, Nicola Russo, Benedetto Sicca Papa, Riccardo Frati and Andrea Capaldi; on the other, the city itself becomes a stage, with site-specific and participatory performances taking place throughout the San Siro neighbourhood (16–20 September).

A cultural geography that moves across different spaces, connecting local communities, young artists and the city's audiences within a shared narrative and participatory horizon.

The IMMERSIONI Festival is made possible with the support of Fondazione Cariplo, Fondazione Alia Falck and Regione Lombardia, under the patronage of Milano è Viva.

Further information: piccoloteatro.org e maremilano.org



WEDNESDAY | 9 SEPTEMBER

#dialogues

#performance

#openspace

DANAE FESTIVAL - PREVIEW

📍 ADI Design Museum (Piazza Compasso d'Oro, 1) | MILAN

7:00 PM

AeReA by Panzetti/Ticconi

A conversation with the audience moderated by Chiara Alessi

9

SEPTEMBER_



Ph. Gianluca Di Iorio

A hypnotic work of striking visual impact and rigorous precision, AeReA fixes the gaze. It does not state, yet it conveys meaning; it is a radical rhythmic presence, unexpectedly theatrical.

It is the first part of a diptych centred around an object: the flag, which has historically been used to express belonging and separation, drawing a line between an imagined “us” and “them”. The silver-grey flags manipulated by the performers on stage are stripped of coats of arms and symbols, reduced to their pure sculptural essence.

Follow by

A conversation with the audience moderated by Chiara Alessi, author and curator of books, exhibitions and podcasts, specialising in design and material culture.

Further information: danaefestival.com

**DANAE
FESTIVAL**

**dance
card**

FROM WEDNESDAY 9 TO SATURDAY | 19 SEPTEMBER

#education

#performance

GET UP - FESTIVAL DELLE ARTI URBANE

📍 Seicento / Barrio's / Eco Teatro / Parco La Spezia | MILAN

Rap, urban dance,, performance and street art

Curated by BANDITS CREW



9-
19

SEPTEMBER_

GET UP – Urban Arts Festival is a participatory cultural project active in Municipality 6 of Milan, using rap, urban dance, theatre and street art to engage young people and the local community.

On September 19, 2026, GET UP will come to a close with a major public event dedicated to urban arts: music, dance, rap, performances and young talents taking the stage. The event will take place at Parco La Spezia, Via Spezia 26/1, Milan, starting in the afternoon and continuing until midnight, transforming the festival space into a place for connection, participation and live entertainment.

Curated by BANDITS CREW

Bandits Crew is a leading force in the urban dance scene in Italy. It promotes hip-hop culture through training activities, performances, battles and events dedicated to young people, contributing to the development of new talent and the spread of street dance culture and its forms of expression.

Further information: getup.artiurbane

THURSDAY | 10 SEPTEMBER

#dialogues

#performance

#openspace

DANAE FESTIVAL - PREVIEW

📍 ADI Design Museum (Piazza Compasso d'Oro, 1) | MILAN

7:00 PM

FALENA by Elisa Sbaragli

A conversation with the audience moderated by Stefano Mirti

10

SEPTEMBER_



Ph Eleonora Mari

Featuring Alice Raffaelli, one of the most acclaimed dancers of her generation, *Falena* is a journey into the instability of desire, a poetic reflection on movement as a drive towards something greater than ourselves – something that calls us forward.

It is a fragile yet tenacious presence, drawn to what shines while simultaneously wary of its intensity, moving forward through trial and error. Metamorphosis becomes the thread running through her movement. From the compact body of the larva emerges a life that slowly unfolds, learning to stretch, to listen, to risk its own momentum: a vibration that holds desire, an expansion that brushes against the light, a folding inward that embraces fear.

Follow by

A conversation with the audience moderated by Stefano Mirti, designer and educator, whose work spans various fields of innovation.

Further information: danaefestival.com

DANAE
FESTIVAL

dance
card

GIOVEDÌ | 10 SETTEMBRE

#dialoghi

#scena

#spaziaperti

PAC - Padiglione D'Arte Contemporanea

📍 PAC (via Palestro, 14) | MILANO

ore 19:00

BLEAH! di Annamaria Ajmone, Laura Agnusdei

Presentazione libro



10

SETTEMBRE

BLEAH!!! è una parola che fa. Crea un volume nello spazio tra il palato e il labbro, crea un suono che è già significato. Nell'omonima poesia visiva di Lucia Marcucci, questo gesto-suono si toglie dalla pronuncia del corpo e dilaga sulla pagina, interrompe l'aspettativa percettiva del suo ascolto per farsi invece dire, vedere, leggere. È un commento che si fa opera.

Studiarlo insieme. A questo invito risponde la collaborazione tra la coreografa e danzatrice Annamaria Ajmone e la musicista Laura Agnusdei che lavorano insieme per la prima volta. L'immaginario di Lucia Marcucci funziona come un argomento che rompe il ghiaccio, l'innescò per il dialogo, l'inizio di un incontro. È un punto di partenza che informa un processo di ricerca e di lavoro, che poi prende la sua deriva.

A precedere la performance, la presentazione del catalogo *Lucia Marcucci. Tutto qui?* a cura di Frida Carazzato (Museion) e Francesca Verga (Ar/Ge Kunst), la prima monografia dedicata a Lucia Marcucci.

Maggiori info: pacmilano.it

THURSDAY 10 AND FRIDAY 11 SEPTEMBER

#performance

FAROUT Live Arts Festival

📍 **BASE Milano** (via Bergognone, 34) | MILANO

10.09 at 8:30 PM / 11.09 at 7:00 PM

Manifestus by Jacopo Jenna

10
11

SEPTEMBER_



Ph Vito Lorusso

MANIFESTUS by Jacopo Jenna begins as a performance and gradually spreads into everything around it. Bodies come together, move apart, shift their rhythm, engage with the codes of street dance and transform the space into something alive and constantly moving.

Then something happens: the performance expands, the stage opens up, and the audience becomes part of the flow.

The evening continues with a DJ set by SLY, a journey through Black and Street sounds in which the dancefloor becomes the natural continuation of the performance. No boundaries between those watching and those dancing: just a dancefloor to move across together.

Further information: base.milano.it

BASE

FAROUT
LIVE ARTS FESTIVAL

FRIDAY 11 TO SUNDAY | 13 SEPTEMBER

#education

OnDance - Roberto Bolle's Dance Festival

📍 Cortile della Rocchetta (Castello Sforzesco, Piazza Castello) | MILAN

8:00 AM–7:00 PM

Open Class



From morning until evening, the Cortile della Rocchetta at Castello Sforzesco will host the highly anticipated OnDance Open Classes: free dance classes open to everyone, designed for those who want to challenge themselves, improve their technique or simply experience dance for the first time. Throughout the event, 27 classes will alternate across a rich programme of disciplines, ranging from classical and contemporary dance to hip hop, flamenco, tap dance, yoga and many other forms of dance. New additions to the 2026 edition include Modern, a Repertoire Class led by Martina Arduino, and a Choreographic Workshop. These new offerings further enrich OnDance's educational programme and confirm the festival's commitment to welcoming both experienced dancers and those taking their first steps into the world of dance.

Among the Open Classes, three sessions will be presented as Gioiaverde Classes, in partnership with RANA: Modern, K-Pop and Afro, celebrating the theme of this year's edition - happiness through movement. In addition, a very special Classical Ballet on Pointe class, presented by Solgar, will be part of the programme.

Each class will accommodate approximately 100–120 participants, with registration required and places available until capacity is reached.



Further information: ondance.it

FRIDAY 11 TO SUNDAY | 13 SEPTEMBER

#openspace

OnDance - Roberto Bolle's Dance Festival

📍 Cortile delle Armi (Castello Sforzesco, Piazza Castello) | MILAN

11:00 AM–1:00 PM

OnDance Village

11
13
SEPTEMBER_



MILANO 11-13 SETTEMBRE

LA FESTA DELLA DANZA DI ROBERTO BOLLE

SPONSORI
INTESA SANPAOLO RANA

ONDANCE.IT

Throughout the event, Castello Sforzesco will also host the OnDance Village, a central hub for the public and a meeting place designed to complement and enhance the festival activities.

The Village will feature spaces dedicated to sponsors and entertainment activities, enriching the overall experience and encouraging visitors to spend time within the OnDance area. Promotional initiatives, entertainment moments, information material, food and beverage areas, and spaces selling dance-related products will also be available, in compliance with current regulations.

Designed as a place for gathering and sharing, the OnDance Village will be open throughout the festival, helping transform Castello Sforzesco into a vibrant meeting place open to the entire city.

Further information: ondance.it



FRIDAY | 11 SEPTEMBER

#outsidemilan

#performance

FESTIVAL DANZA ESTATE

📍 **DASTE** (via Daste e Spalenga, 15) | BERGAMO

8:30 PM

Mirlitons by François Chaignaud and Aymeric Hainaux



Ph Martina Rgyroglo

11

SEPTEMBER

The word “mirliton” can refer to many things: a small wind instrument, a simple and playful verse, an almond pastry, or even a hat. Here, however, the duo creates something entirely different: a playful space that, at times, seems to transform into an arena.

The two artists explore irregular and complementary rhythms. On one side, sound emerges from the percussion of feet against the floor; on the other, from lips vibrating against a microphone. Two sonic bodies thus connect the vibrations of the earth with those of the air.

From this encounter, a ritual takes shape, oscillating between alliance and confrontation. Rhythm becomes the true protagonist of the stage: an immediate, physical and direct expressive force, carried through breaths, mouths, heels and voices.

The performance follows the shifting dynamics of this relationship, built around shared timing and sustained by two ancient and deeply interconnected languages: sound and dance.

Further information: festivaldanzaestate.it



dance
card

FRIDAY | 11 SEPTEMBER

#performance

OnDance - Roberto Bolle's Dance Festival

📍 Piazza Duomo | MILAN

9:30 PM–11:30 PM

Swing Dance Night

11

SEPTEMBER_



The energy of swing will take over Piazza Duomo with an evening organised in collaboration with Spirit de Milan, dedicated to Lindy Hop and the vibrant atmosphere of social dance.

An event open to dancers and enthusiasts of all levels, designed to bring the city centre to life through music, dance and spontaneous audience participation — a dynamic and inclusive moment of community.

Free admission, subject to availability.

Further information: ondance.it



SATURDAY | 12 SEPTEMBER

#performance

FAROUT Live Arts Festival

📍 Casello San Cristoforo (via Pesto,1) | MILAN

4:00 PM / 4:40 PM / 5:20 PM / 6:00 PM / 6:40 PM / 7:20 PM

Tiger's Nap by Edoardo Mozzanega



Ph Monkeys Video Lab - Edoardo Mozzanega

12

SEPTEMBER

In *Tiger's Nap*, Edoardo Mozzanega invites the audience to take part in a collective outdoor nap. Lying on a large fur rug and wearing tiger-shaped sleeping masks, participants are guided through a sensory meditation that weaves together sound, imagination and storytelling.

Traditionally associated with strength and ferocity, the tiger takes on an unexpected meaning here: it becomes the guardian of rest, a symbol of the possibility of slowing down and suspending the need to constantly do.

As they surrender to sleep, participants themselves become part of the performance: a pack of feline-humanoids at rest, transforming an intimate gesture into a shared experience — and into a striking image for those passing through the space.

Further information: base.milano.it

BASE

FAROUT
LIVE ARTS FESTIVAL

SATURDAY | 12 SEPTEMBER

#performance

FAROUT Live Arts Festival

📍 BASE Milano (via Bergognone, 34) | MILAN

8:30 PM

Berika by Queer Deities in Migration

12

SEPTEMBER_



Ph. Dato Kordze - Giorgi Rodionov

Through performance, costumes, masks and transformative make-up, the stage becomes a space of passage and transformation.

Queer Deities in Migration weaves together the stories of seven queer migrants with the ancient mythology of the Caucasus. Each journey of migration, loss and transformation is embodied by a gender-fluid deity, creating a universe where myth and the present meet and rewrite one another.

At FAROUT, the seven deities make their appearance during the journey that brings them to the festival in the mountains of Berlin. Through performance, costumes, masks and transformative make-up, the stage becomes a space of transition, where memory, identity and belonging take shape.

A contemporary ritual celebrating the resilience, imagination and strength of queer migrant communities.

Further information: base.milano.it

BASE

FAROUT
LIVE ARTS FESTIVAL

SATURDAY | 12 SEPTEMBER

#performance

OnDance - Roberto Bolle's Dance Festival

📍 Piazza Duomo | MILAN

9:30 PM–11:30 PM

Tango Dance Night



For one evening, Piazza Duomo will be transformed into a large open-air *milonga*, hosting an event entirely dedicated to Argentine Tango, organised in collaboration with Milano Tango.

Tango dancers, schools and communities will bring the heart of Milan to life in an event open to everyone, with a programme ranging from traditional to contemporary music and offering audiences an immersive experience centred on elegance and passion.

Free admission, subject to availability.

Further information: ondance.it



SUNDAY | 13 SEPTEMBER

#incursions

#openspace

OnDance - Roberto Bolle's Dance Festival

📍 Castello Sforzesco and Parco Sempione | MILAN

5:00 PM

OnDance March

13

SEPTEMBER_



A brand-new event: a large-scale, city-wide choreography bringing together 2,000 dancers from schools, companies and dance groups from across Italy. A spectacular celebration in motion that will pass through Castello Sforzesco and Parco Sempione, celebrating dance as a universal language capable of bringing people, cultures and generations together.

The March will feature performers representing 30 different dance styles — from classical and contemporary dance to hip hop, flamenco, tango and swing, as well as Latin dance, musical theatre, tap dance and many other disciplines — coming together to create one extraordinary collective performance. Along the route, an original choreography created especially for OnDance by Stefania Ballone will alternate with a playlist built around the thirty musical genres represented by the participants. The result will be a city-wide choreography in which each dance language retains its own identity while contributing to a shared narrative.

The March will be led by Roberto Bolle himself, together with the dancers of the Ukrainian Ballet Academy of Milan.

More than a simple parade, the OnDance March is a unique manifesto for the 2026 edition: a powerful image conveying how happiness is born through connection and multiplies when shared.



Further information: ondance.it

MILANO DANCING CITY

📍 BASE Milano (V. Ambrogio Bergognone da Fossano, 34) | MILAN

5:00 PM–9:00 PM

musicALL Workshop by Lost Movement



13

SEPTEMBER

The *musicALL* workshop is a participatory experience open to non-professional members of the public, inviting them to explore the themes and choreographic process behind two cult musical films: *Footloose* and *Saturday Night Fever*.

The aim is not to learn set choreographies, but to experience a shared stage environment in which body, space and connection become tools for play and presence. Within this context, choreographic actions are set to new versions of the original songs. Participants will be guided through exercises focusing on energy, rhythm and group awareness, leading to their integration into the performance. No previous dance experience is required – only a willingness to move and get involved.

The experience also becomes an opportunity for shared enjoyment and for reconnecting with collective imaginaries shaped by films that have marked generations, bringing the body back into a memory of freedom, lightness and joy.

The workshop is an invitation to experience something collectively, where community and stage come together in a shared space.

Further information: milanodancingcity.it

SUNDAY | 13 SEPTEMBER

#outsidemilan

#performance

FESTIVAL DANZA ESTATE

📍 Teatro Renzo Vescovi (Chiostro del Carmine, via Colleoni 21) | BERGAMO

7:00 PM

Limbo by Fabritia D'Intino

13

SEPTEMBER_



Ph Andrea Macchia

LIMBO – *how low can you go?* is a performance that crosses the threshold between the visible and the invisible, presence and disappearance, death and the afterlife.

Inspired by the Caribbean limbo dance, with its symbolism of descending into the afterlife, and by *The Dying Swan* as a renunciation of verticality and a journey towards the ground, the performance unfolds within a space of fragility and transition, taking the form of a farewell dance.

Further information: festivaldanzaestate.it



dance
card

SUNDAY | 13 SEPTEMBER

#outsidemilan

#performance

FESTIVAL DANZA ESTATE

📍 Teatro Sociale (via Colleoni, 4) | BERGAMO

8:30 PM

Sulla leggerezza by Virgilio Sieni



Ph Laila Pozzo

A dance of formalised impulses and elusive, fleeting crossings. Inspired by the first American lecture in Italo Calvino's *Six Memos for the Next Millennium*, as well as the worlds of Cavalcanti, Lucretius and Ovid, Virgilio Sieni creates a dance that takes on the quality of an echo.

A dialect of gesture nourished by both material and immaterial messages, rays of light and sighs, impulses that evoke the spirits of the body.

The dancers become aerial entities, capable of transforming weight into poetic momentum within an architecture that questions our relationship with limitation and infinity.

The dance invites us to rediscover "lightness" as precision and ascetic practice: a cathartic experience that celebrates emptiness as possibility and breath as the foundation of freedom.

"A breath that envelops the spectator's eyes" and "takes one's breath away through its visual power and resonance of meaning."

Further information: festivaldanzaestate.it



danCe
card

TUESDAY | 15 SEPTEMBER

#incursions

#performance

#openspace

EXISTER, una stagione di danza

📍 DanceHaus (via Tertulliano, 68) | MILAN

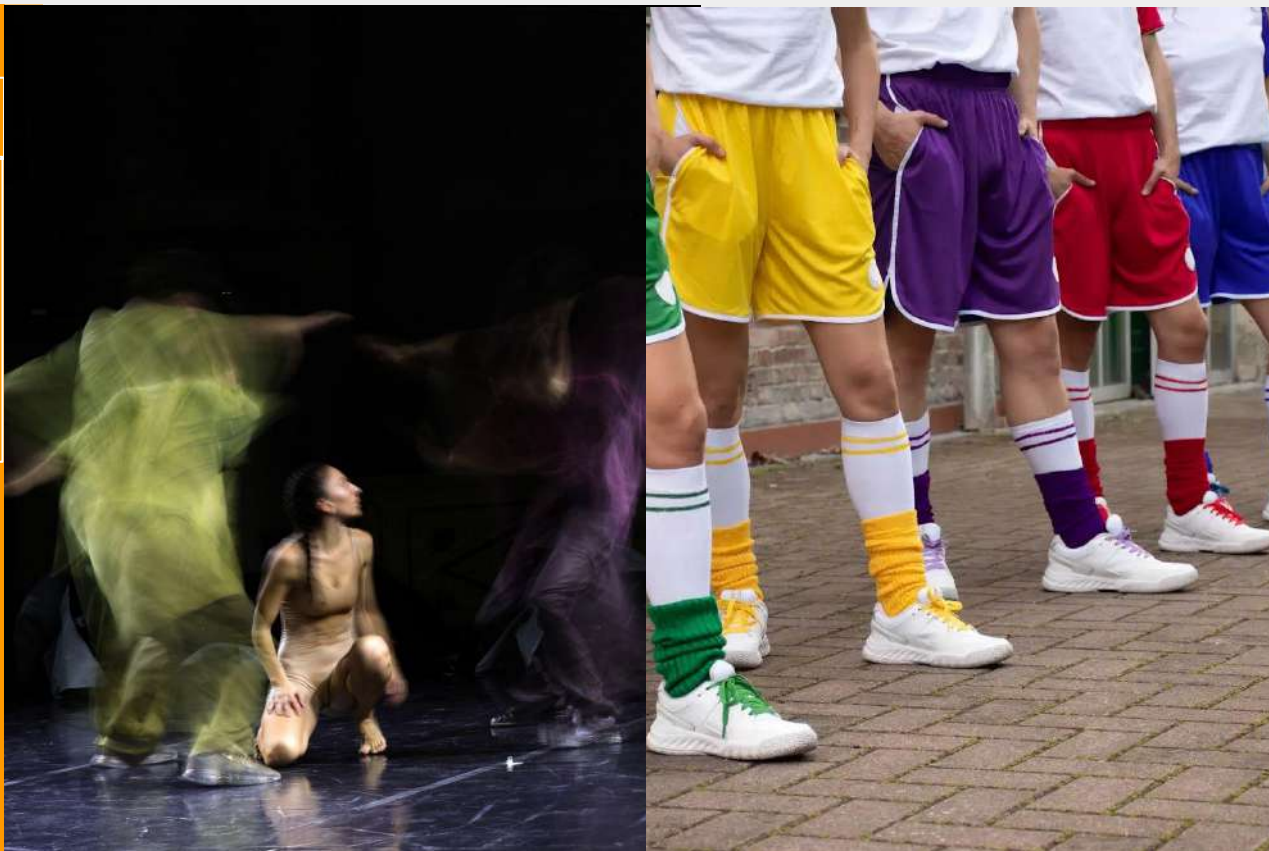
19:00 / 20:30 / 21:30 PM

CAMPI#1 by Matteo Bittante and Lara Guidetti

musicALL by Lost Movement

15

SEPTEMBER_



musicALL ph Christian Consalvo

| CAMPI#1

A nomadic performative device conceived by DANCEHAUSpiù and Sanpapiè/SPACCA to inhabit and rewrite itself in ever-changing places. It comes from the idea that choreography does not occupy a space but enters into a relationship with it, letting each context redefine its form, rhythm and composition. The creation brings the poetics of Matteo Bittante and Lara Guidetti into dialogue with those of Maksym Petrashchuk, Erika Di Mauro and Tejaswini Loundo, weaving experiences, generations and languages into a single performative writing.

| musicALL

An urban dance project that explores dancing as a social practice and a contemporary ritual, asking how the pop and cinematic imaginary has built and shaped the way we perceive the dancing body. The performance unfolds through five films that left an indelible mark on the imagery of dance: *Fame*, *Flashdance*, *Dirty Dancing*, *Saturday Night Fever* and *Footloose*. The performance is participatory: the spectator is invited to become an active part of the action.

Further information: exister.it

TUESDAY 15 AND WEDNESDAY | 16 SEPTEMBER

#performance

FAROUT Live Arts Festival

📍 BASE Milano (via Bergognone, 34) | MILAN

15.09 - 20:30 PM - 16.09 - 19:00 PM

Bell End by Mathilde Carmen Chan Invernón

Ph Christine Maupetit



15
16

SEPTEMBER

In *Bell End*, Mathilde Carmen Chan Invernón stages an ironic and merciless dissection of the codes of dominant masculinity. Through body, voice and sound, the performers observe, imitate and distort gestures, words and attitudes belonging to the imagery of the *connard*, a figure as recognisable as it is everyday.

Repetition, accumulation and humour turn discomfort into a tool of critical observation. Awkward postures, deliberately shapeless costumes and a sound score built from words, interjections and ventriloquism techniques give life to bodies that are at once comic and unsettling, invading the space until its power dynamics become visible. A physical and sonic performance that uses laughter to put into crisis what often goes unnoticed.

Further information: base.milano.it

BASE

FAROUT
LIVE ARTS FESTIVAL

WEDNESDAY | 16 SEPTEMBER

#incursions

#performance

EXISTER, a season of dance

📍 DanceHaus (via Tertulliano, 68) | MILAN

19:00 / 20:00 / 21:00 PM

CAMPI#1 by Matteo Bittante and Lara Guidetti

16

SEPTEMBER_



ph Riccardo Panozzo

A nomadic performative device conceived by DANCEHAUSpiù and Sanpapiè/SPACCA to inhabit and rewrite itself in ever-changing places. It comes from the idea that choreography does not occupy a space but enters into a relationship with it, letting each context redefine its form, rhythm and composition. The creation brings the poetics of Matteo Bittante and Lara Guidetti into dialogue with those of Maksym Petrashchuk, Erika Di Mauro and Tejaswini Loundo, weaving experiences, generations and languages into a single performative writing.

Further information: exister.it



THURSDAY | 17 SEPTEMBER

#performance

LE ALLEANZE DEI CORPI - On Demonic Grounds

📍 Fattoria Vittadini (via Procaccini, 4) | MILAN

20:30 and 21:30 PM

Pasolini – Elogio alla barbarie by Enzo Cosimi



Ph Roberto Gentile

17

SEPTEMBER

A performance by Compagnia Enzo Cosimi that moves through the poetic, political and visionary universe of Pier Paolo Pasolini, bringing back to the stage its critical force and radical relevance. Through the language of the body, of dance and of performative composition, the piece weaves memory and present together, evoking themes such as desire, conflict, marginality and the tension between the individual and society.

The performance grows out of a research process carried out by the Company together with the participants of the workshop of the same name, and reworks some material from Enzo Cosimi's Pasolini repertoire, giving life to a choral stage experience in which professionals and performers share the space of creation.

The original music by the Berlin composer Robert Lippok accompanies the stage action, building a soundscape that constantly dialogues with the bodies and amplifies their evocative dimension.

Further information: lealleanzedeicorpi.org



le Alleanze
dei Corpi

dance
card

THURSDAY | 17 SEPTEMBER

#incursions

#performance

EXISTER, a season of dance

📍 DanceHaus (via Tertulliano, 68) | MILAN

21:00 PM

Corpos Fado by Filippo Stabile / *Preludio* by Carola Puglisi

Trafitto da un raggio di sole by Filippo Stabile / *Leuco'* by Claudio Malangone

17

SEPTEMBER_



| *Corpos Fado*

A song of journey, discovery and destiny. It evokes the call of the sea, the nostalgia for what is left behind and the hope of what still lies ahead. In this dance, bodies become seafarers, suspended between roots and horizons, between the memory that keeps and the desire that pushes towards the unknown.

| *Preludio*

Suspended between gravity and desire, the two performers create a dialogue in which gesture goes beyond virtuosity to become poetic language. The circle becomes a space of encounter and transformation, while an essential choreographic writing, made of balances, contacts and silences, explores the birth of relationship.

| *Trafitto da un raggio di sole*

A pas de deux that explores the complexity of human relationships: two bodies are drawn to each other, seek each other, push each other away, wait for one another, and elude each other. Like in a waltz, the relationship constantly oscillates between opposites: wanting and not wanting, loving and hurting, belonging to one another and claiming distance.

| *Leuco'*

A journey into the myth of Orpheus, exploring the boundary between death, eternity, and transformation. Immersed in the scene, the spectator becomes the protagonist of a play of gazes and images, in which they recognize themselves in the other.

Further information: exister.it

FRIDAY | 18 SEPTEMBER

#performance

#openspace

LE ALLEANZE DEI CORPI - On Demonic Grounds

📍 Piscina Parco Trotter | MILAN

19:00 PM

FLLNGLS by Michael Incarbone and Erica Bravini



18

SEPTEMBER

FLLNGLS, a spin-off of the piece *FALLEN ANGELS*, takes place in urban spaces and non-theatrical contexts: a live set of sound and body in a dimension of questioning and perceptual proximity between the space of the stage and the space of the audience. In this choreographic rewriting, the fall is understood as “existential”, eternally suspended, and mirrors a reflection on the social, political and aesthetic present through a framing of the mythopoetic universe of trap music (protagonists, narratives, self-representations, aesthetics).

FLLNGLS, in a condensed and evocative form, plays with verbal language by amplifying its shape, making it hypervisible, just as it does with the body, which transcends its ordinary dimension and multiplies into a kaleidoscope of images in a storm, exposed to view in a “single take”.

The question is what frequency is embodied by a body living through a present in a constant state of advancement, acceleration and innovation, as much as of saturation, inertia and anachronism.

Further information: lealleanzedeicorpi.org



le Alleanze
dei Corpi

dance
card

FRIDAY | 18 SEPTEMBER

#performance

FESTIVAL TENDENZA CLOWN

📍 Teatro Franco Parenti (via Pier Lombardo, 14) | MILAN

19:30 PM

The Doozies by Marta Dalla Via and Silvia Gribaudo

18

SEPTEMBER_



Ph Tommy Ilati

To be doozy is an American colloquial expression of uncertain etymology.

It might point to the flower, the *daisy*, it might refer to a luxury sports car brand (*Dusenber*) or — and this is our favourite option — it might be a tribute to the divine actress Eleonora Duse and to her Italian surname clumsily pronounced across the ocean: “Doozay” “Doozee” “Doosay”.

The biographies of Isadora Duncan and Eleonora Duse are a fascinating source of narrative and political material. Through their unconventional lives they were pioneers of feminism, of women leading their own companies, of an art that concerns itself with the present.

These *Doozies*, without make-up, without pointe shoes, often judged physically not to conform to the aesthetic canons of their time, generated astonishment and wonder thanks to their natural originality, leaving immense legacies for the generations to come.

Further information: claps.lombardia.it

**CIRCUITO
CLAPS**
SPETTACOLO
DAL VIVO IN
LOMBARDIA

dance
card

MILANO
è
VIVA

FRIDAY | 18 SEPTEMBER

#incursions

#performance

CORPOFORME

📍 Spazio AiEP - Fabbrica del Vapore (via Procaccini, 4) | MILAN

19:30 PM

Mausoleo by Rafael Jose Planells Crespo

Come draghi sepolti by Lucia Salgarollo / Ersilia Danza



18

SEPTEMBER

| Kindergarten

It stages a space of play where rules, desires and balances intertwine. Here obedience appears natural, while disobedience becomes an act of imagination.

| Mausoleo

An immersive performance that activates surveillance technologies to unmask power and the ethics of work. On stage, the denied mourning of usefulness explodes. An embodied dialogue between audiovisual works where anger and hope merge to crack the simulacrum of reality.

Further information: aiep.org

ariella vidach AIEP

dance
card

MILANO
è
VIVA

Regione
Lombardia

FRIDAY | 18 SEPTEMBER

#incursions

#performance

EXISTER, a season of dance

📍 DanceHaus (via Tertulliano, 68) | MILAN

21:00 PM

Dive by Collettivo Nanouk

Sul-Levare by Simone Cristofori

18

SEPTEMBER_



Two creations that question the way we inhabit the world and perceive the body. Two creations that invite us to look at the world from unexpected perspectives, between identity, encounter and a reaching towards the other.

| Dive

If someone from another world came to Earth and observed humanity, they would probably find incredibly strange and even immoral the behaviours that are completely normal to us. Social dynamics, conflicts, the constant search for identity, the rigidity of gender roles and cultural expectations would appear completely incomprehensible if observed without the filter of our beliefs and daily habits. Can you imagine a first encounter where time and space stand still and where you can be totally pure?

| Sul - Levare

The Earth is a celestial body, yet we live suspended in space without wonder. The body, a resonance between the earthly and the absolute, becomes a choral device of presences: everything is body, straining towards an unreachable accord.

Further information:

exister.it



SATURDAY | 19 SEPTEMBER

#performance

#openspace

SLASH FESTIVAL

📍 Mare Culturale Urbano (via Quinto Cenni, 11) | MILAN

10:30 PM

Conchiglie by Laboratorio Silenzio with Yue Liu



19

SEPTEMBER

A performance that explores the theme of loss as a process of transformation and reconstruction of identity. In a suspended, imaginary elsewhere, a figure goes through a sensory journey in search of the self. Lost among fragile traces and scattered fragments, it tries to rebuild its own identity by recovering distant memories: prenatal echoes, deep perceptions, memories that belong not only to individual experience but to a wider, shared memory.

Accessible to deaf and hard-of-hearing people aged 2 to 6

Further information: artevoxteatro.it

ARTEVOX
TEATRO

SATURDAY | 19 SEPTEMBER

#education

CORPOFORME

📍 Spazio AiEP - Fabbrica del Vapore (via Procaccini, 4) | MILAN

from 10:30 to 13:30

PerformingLab curated by Ariella Vidach AiEP

19

SEPTEMBER_



Performative workshop led by Ariella Vidach in collaboration with Chiara Carducci, Sofia Casprini, Carmine Dipace, Eleonora Gambini, Duccio Neri, Valeria Petroni, Pablo Ezequiel Rizzo, Yeva Sai, and Eleonora Serpente, nine young choreographers and dancers.

Open to people of all ages, with no previous dance experience required, the workshop explores the meeting point between transmission and creation: traditional dances are passed on and learned, then become material to explore, transform, and reinvent together.

Through movement, music, and improvisation, participants are invited to make the dances their own, to let themselves be moved by their gestures, and to discover new possibilities of movement. Tradition thus becomes a starting point for contemporary collective creation, in which the body becomes a tool for connection, expression, and sharing.

Further information: aiep.org

ariella vidach AiEP

danCe
card

MILANO
è
VIVA

Regione
Lombardia

SATURDAY | 19 SEPTEMBER

#performance

#openspace

LE ALLEANZE DEI CORPI - On Demonic Grounds

📍 Piscina Parco Trotter | MILAN

16:00 PM

FALLEN ANGELS <derive> with Michael Incarbone



19

SEPTEMBER

Fallen Angels <derive> is the public presentation of the research and creation process developed from the making of the show *FallenAngels* and from the encounter with the third-year classes of the Cappelli lower secondary school.

The image of a falling body – suspended between ascent and ruin, between acceleration and stasis – becomes the starting point of a shared investigation into the present, moving through the aesthetics and the sounds of trap culture and questioning the body as unstable matter, in continuous transformation. The encounter with the students opened the project to new perspectives, bringing out imaginaries, questions and practices able to widen and redefine the initial research.

Through bodily experiences, moments of listening, viewing and discussion, the process took shape as a space of exchange in which artistic languages were interwoven with the gaze of the new generations. The performance gives the audience the outcomes of this collective process: not a demonstration of the workshop, but a performative device that recounts the meeting between artistic research and the experience shared with the classes, giving form to a reflection on the accelerations, fragilities and contradictions of the contemporary world.

Further information: lealleanzedeicorpi.org



le Alleanze
dei Corpi

dance
card

SATURDAY | 19 SEPTEMBER

#performance

DiDstudio_NAOpf26

📍 DiDstudio - Fabbrica del Vapore (via Procaccini, 4) | MILAN

18:00 PM

Lares - studio by Sathya Nardelli

19

SEPTEMBER_



Lares is a village in Trentino at the foot of the Adamello Brenta, but also the name of a valley marked by a waterfall and a lake. From this place and from the etymology of the *Lares*, ancestral spirits who protect the home, comes a fantastical narrative about the transformation of a territory and of its inhabitants.

Overturning the Roman cult of the dead, the project imagines an ancestor who, instead of protecting, haunts the wood from which he drew his power. Facing this legacy is *Tovèl*, a hybrid creature between human and animal. Guided by her grandmother's voice, she sets out on a path to break the cycle of violence and free the valley.

Further information: didstudio.org

 **DiDstudio**
DANZA INTERATTIVA DIGITALE

**dance
card**

SATURDAY | 19 SEPTEMBER

#performance

CORPOFORME

📍 Spazio AiEP - Fabbrica del Vapore (via Procaccini, 4) | MILAN

19:30 PM

Kindergarten by Manuela Victoria Colacicco

Novantanove in una stanza by Manuela Cirfera, Leo Schifino, Enrico Frisoni

Due Corpi by Marialice Tagliavini



19

SEPTEMBER

| *Come draghi sepolti*

Some stories are born in the perennially restless depths of our body and of our planet: devastation and silence, fertility and death, wonder and knowledge.

Stories of earth, rock, ice and fire, which lead us to probe the difficult but essential balance between humankind and nature, between inside and outside.

| *Novantanove in una stanza*

It explores being together through body and sound. Between silences, waiting and listening, the performance investigates relationships and perceptions, questioning language and the normative forms of encounter.

| *Due Corpi*

It brings together dance and technology to investigate identity, adolescent sexuality and relationships in the digital age. Between real materials and multidisciplinary performance, it puts the physical and the virtual body into dialogue, questioning hypersexualisation and self-representation.

Further information: aiep.org

ariella vidach AiEP

dance
card

MILANO
è
VIVA

Regione
Lombardia

SUNDAY | 20 SEPTEMBER

#incursions

#openspace

#performance

CORPOFORME

📍 Cooperativa Labriola (via Enrico Falck, 51) | MILAN

16:30 PM

Danze ri-abitate curated by Ariella Vidach AiEP

20

SEPTEMBER_



The site-specific performance, curated by the choreographer Ariella Vidach with the 8 dancers and choreographers and co-created with the participants of the CORPOFORME workshops, sets out to bring alive urban spaces and gathering places in Municipio 8.

Further information: aiep.org

ariella vidach AiEP

dance
card

MILANO
è VIVA

Regione
Lombardia

SUNDAY | 20 SEPTEMBER

#incursions

#performance

DiDstudio_NAOpf26

📍 Spazio AiEP - Fabbrica del Vapore (via Procaccini, 4) | MILAN

18:30 PM

Piattaforma_G



20

SEPTEMBER_

Presentations of studies and works in progress by Miriam Maso, Miriam Muscas, Federico Rassu | Frani Dibiase and Roberto Leandro Pau.

| **LITURGXXX** | It explores Active Prophecy as a political and transformative act. Between horror, possession and female ecstatic traditions, the performance reactivates the body as a ritual space. Dance becomes automatic writing: a shifting rite that weaves together irony, the sacred and prophetic imagination.

| **LETTERA APERTA** explores the relationship between movement, writing and voice as a practice of encounter and reappropriation. Between embraces, kisses and letters that become a sounding body, the performance builds a space of listening, transformation and joy, beyond normative relational forms

Further information: didstudio.org

 **DiD studio**
DANZA INTERATTIVA DIGITALE

**dance
card**

SUNDAY | 20 SEPTEMBER

#performance

SLASH FESTIVAL

📍 Spazio Teatro 89 (via Fratelli Zoia, 89) | MILAN

20:45 PM

Speaking cables by Agnese Banti

20

SEPTEMBER_



Bringing one's own voice onto a blank sheet in order to question it as "other than oneself". In a dreamlike dimension between rite and play, where sound becomes image, the voice traces geometries through dialogues, choruses and silences, thanks to a choreography that joins the experience of sound diffused in space with the idea that loudspeakers are presences to relate to. The stage action unfolds in a making and unmaking, where listening and vision are in constant balance between being and not being form. By resemanticising objects and gestures and abstracting the vocal presence in space, the work evokes imaginaries and archetypes, turning the question of the human voice into an atypical and radical performance that invites a singular experience of listening and imagination.

In the musical composition the voice can be considered electronically unprocessed: it is amplified through live electronics which, following a precise score, acts on live spatialisation and on the capture of certain fragments to create polyphonies, overlays and textures that generate echoes over time. The vocal materials include: the series of natural harmonics, melodies, dreams recorded while half asleep, harmonic singing, stage directions, patterns of vocal glitches, texts written by mistake and more.

Accessible to blind and partially sighted people through a tactile tour

Further information: artevoxteatro.it

ARTEVOX
TEATRO

WEDNESDAY 23 E AND THURSDAY | 24 SEPTEMBER

#education

#performance

FAROUT Live Arts Festival

📍 Z.I.A. - Zona Indipendente Artistica (via Francesco De Sanctis, 33) | MILAN

from 10:00 to 16:00

Workshop *The Flood / La Piena* by Francesca Grilli and Azzurra D'Agostino

24 set. | 19:00 PM

Public sharing performance



23
24

SEPTEMBER

The Flood / La Piena is a workshop that brings body, water and the river environment into relation through the practice of hydromancy, understood as listening to the river.

The experience unfolds between walking, intuitive writing and bodily attention, in a process that invites us to observe the river as a presence in transformation and to come into contact with its physical and perceptual qualities.

The flood becomes an image that allows us to read the relationship between body and landscape and to look at water as an element with which to establish a direct relationship.

Through hydromancy, water finds a voice and opens new possibilities of dialogue with the world around us.

24 September 19:00

Public sharing performance open to the audience.

Further information: base.milano.it

BASE

FAROUT
LIVE ARTS FESTIVAL

WEDNESDAY | 23 SEPTEMBER

#competitions

#performance

MILANO DANCE WEEK

📍 Teatro della Quattordicesima (via Oglio, 18) | MILAN

20:00 PM

Interlinea by JCOR - AIDA

Falling by Accademie MOMA

23

SEPTEMBER_



| INTERLINEA - *Geografie dello spazio*

Interlinea is a contemporary dance diptych that investigates the relationship between body, void and invisible architecture. Through two autonomous but complementary choreographic tableaux, the project explores space as living matter, able to generate relationships, tensions and new perceptual coordinates.

| FALLING

The work tells the story of a young girl and of the people around her, who turn into characters able to reflect her traits and her dreams. "Falling" puts at its centre the idea of falling, understood not as loss but as a fundamental passage for growth and personal evolution. A journey between imagination, identity and transformation.

Further information: teatrodellaquattordicesima.it

TEATRO DELLA
QUATTORDICESIMA

THURSDAY | 24 SEPTEMBER

#competitions

#performance

MILANO DANCE WEEK

📍 Teatro della Quattordicesima (via Oglio, 18) | MILAN

20:00 PM

La Macchina by Danza and Movimento

I See Beauty by Modulo Academy



24

SEPTEMBER

| LA MACCHINA

Through dance, a chorus of bodies becomes a mechanism in constant transformation. From the group emerge figures that attract and unsettle us, presences that are perhaps a mirror of ourselves. A dreamlike, fantastical journey into emotions alive since the dawn of time, archetypes that belong to every human being and that keep moving inside us

| I SEE BEAUTY

"I don't think of all the misery, but of the beauty that still remains." Modulo Academy presents a living, personal story, in a sequence of choreographic tableaux able to move and to touch the spectator.

Further information: teatrodellaquattordicesima.it

TEATRO DELLA
QUATTORDICESIMA

THURSDAY | 24 SEPTEMBER

#performance

MILANOLTRE FESTIVAL

📍 Teatro Elfo Puccini (Corso Buenos Aires,33) | MILAN

20:30 PM

RECORDS – per la prima volta nella Storia by Vittorio Pagani

24

SEPTEMBER_



The young performer and choreographer Vittorio Pagani makes his national debut with *Records – per la prima volta nella Storia*, a multimedia performance conceived from the thematic focus Danza&Sport and commissioned by MILANOLTRE from the Milanese artist who, starting from the imagery of sport, explores the mechanisms that push human beings to challenge themselves and others in order to leave a mark in time.

Further information: milanoltre.org

MILANOLTRE

dance
card

SLASH FESTIVAL📍 Spazio Teatro 89 (via Fratelli Zoia, 89) | MILAN

from 18:00 to 20:00

Whispered audio description workshop open to sighted audiences curated by Giuseppe Comuniello

On the occasion of the performances of "CUNA", Giuseppe Comuniello offers a whispered audio description workshop open to sighted audiences interested in a different experience of listening to and seeing the show. Whispered poetic audio description is the accessibility practice chosen to convey the poetics of this work: the blind author and dancer sets out to accompany participants into the magical, kaleidoscopic world of "rocking", sharing images, words, tableaux and gestures. A step-by-step sharing of the artist's bodily experiences and visions.

Participants will experience this transmission by exploring the possibilities of relating in pairs through touch and word: a twofold bodily experience, a consent that is renewed or changed, that asks and does not impose, oscillating between rocking and being rocked. At the end of the workshop, participants interested in the practice will be able to try it out by accompanying blind and partially sighted audience members during the accessible 21:00 performance of the show. An opportunity to come closer to practices of accessibility, listening and sharing through dance.

Further information:artevoxteatro.it/slash-festivalARTEVOX
TEATRO

25

SEPTEMBER

FRIDAY | 25 SEPTEMBER

#competitions

#performance

MILANO DANCE WEEK

📍 Teatro della Quattordicesima (via Oglio, 18) | MILAN

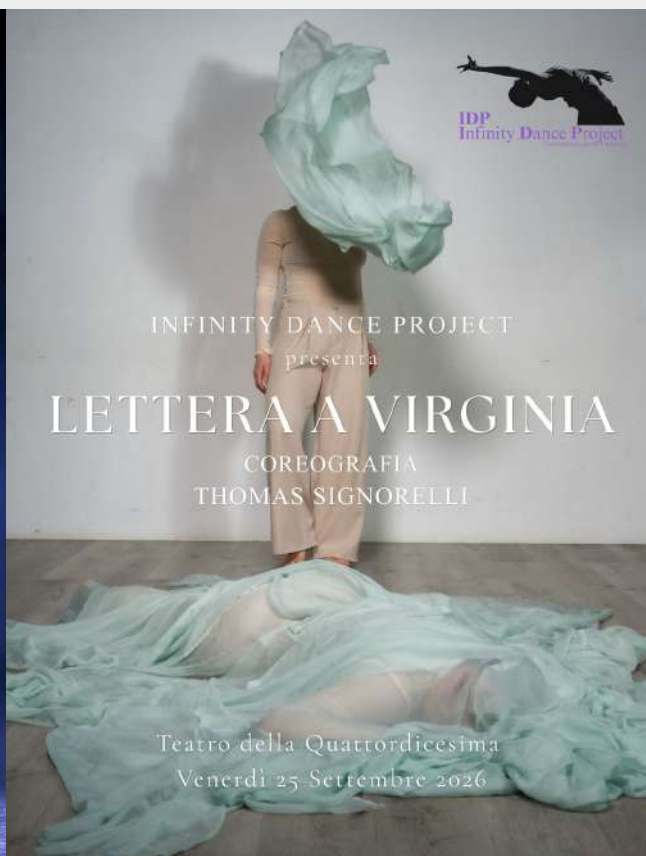
20:00 PM

Volume by Giovane Compagnia Kataklo

Lettera a Virginia by Infinity Dance Project

25

SEPTEMBER_



| VOLUME

"Volume is the story of what happens when the body stops enduring space and begins to shape it. It is a score of flesh and bone that screams, whispers and breathes." Under the artistic direction and choreography of Giulia Staccioli, assisted by Giulio Crocetta, this new generation of performers defies gravity to give form to the invisible.

| LETTERA A VIRGINIA

A poetic tribute to the sensibility of Virginia Woolf. The choreography moves through memories, emotions and silences, giving back a fluid and profound narrative in which memory goes on living and transforming.

Further information: teatrodellaquattordicesima.it

TEATRO DELLA
QUATTORDICESIMA

FRIDAY | 25 SEPTEMBER

#performance

MILANOltre FESTIVAL

📍 Teatro Elfo Puccini (Corso Buenos Aires,33) | MILAN

20:30 PM

Superstella by Vittorio Pagani



25

SEPTEMBER

SUPERSTELLA by Vittorio Pagani is an existential and artistic investigation into the mechanisms of production and circulation of choreographic works. Through video, sampling, dance and words, the author stages the (super) creative process of his new show.

What does it mean to create dance today?

Can the creative act really ignore outside judgement and personal experience?

Continuing the research begun with *A Solo in the Spotlights* (2022), Pagani questions these dynamics, oscillating between chaos and order, between idealisation and reality, between the desire for completeness and the fascination of perpetual becoming.

Further information: milanoltre.org

MILANOLTRE **dance**
card

FRIDAY | 25 SEPTEMBER

#performance

LE ALLEANZE DEI CORPI - On Demonic Grounds

📍 Fattoria Vittadini, Via Procaccini 4 MILAN

20:30 PM

Alba by Giulia Cannas

25

SEPTEMBER_



Alba is an intimate investigation into roots, memory and the bond between memories and what remains hidden. Dawn is the glow that breakthrough, the moment when the day reveals itself, when light begins to make its way, suspended between the night and a new beginning. It is in this blurred passage that the artistic research takes shape, a work that sets out to explore the border between past and present, sewing back together the threads that link forgotten stories, secrets and moments never truly understood. A dance between the visible and the invisible in which the body becomes history, gathering in the folds of the skin the legacy of two lands: Sardinia and Albania. Through images of the past, those captured on family videotapes, and the gestures of a body that remembers, *Alba* builds an intimate dialogue between image and movement, layering visual memories and bodily memories.

Giulia Cannas is a dancer, performer and author. From a very young age she has pursued a research on movement that has led her to develop an experimental and personal language. Her work is deeply rooted in the land of Sardinia, while cultivating strong relationships with national and international creative contexts: she trained and worked with prestigious training and production centres such as the Biennale Danza di Venezia, Centquatre Paris, Anghiari Dance Hub, Da.Re. She works on a regular basis with Fuorimargine - Centro di Produzione di Danza e Arti Performative della Sardegna and is part of the association *movimentopoetico*.

Further information: lealleanzedeicorpi.org



le Alleanze
dei Corpi

dance
card

FRIDAY | 25 SEPTEMBER

#performance

SLASH FESTIVAL

📍 Spazio Teatro 89 (via Fratelli Zoia, 89) | MILAN

21:00 PM

CUNA - *Out of the dark a universe of sensations takes shape* by Giuseppe Comuniello



25

SEPTEMBER

CUNA, an archaic word for “cradle”. Out of the dark a universe of sensations takes shape: dance rocks, emerges as an innate gesture, a breath that flows slowly, that embraces and envelops. A return by the blind author and dancer Giuseppe Comuniello to the time when the world was a wave of sounds and vibrations. The spectator is invited to enter a dreamlike dimension: gestures and movements let an ephemeral imagery emerge. You can choose closeness or distance, your own way of being involved.

Dance, the sound of the harp, scent, soft light, suspended time, the seat: everything is arranged like a welcoming landscape.

A sensory experience in which it is allowed to let go, where public space becomes shelter, pause, trust. Here, rocking is lived. And breath, slowly, becomes shared.

Accessible to blind and partially sighted people through poetic audio description.

Further information: artevoxteatro.it/slash-festival

ARTEVOX
TEATRO

FRIDAY | 25 SEPTEMBER

#performance

#openspace

FUORISCENA

📍 Museo della Scienza e della Tecnologia | MILAN

22:30 PM

Il Mondo Altrove - una storia notturna by Nicola Galli

25

SEPTEMBER_



Ph. Sara Melti

Il Mondo Altrove: una storia notturna is a choreographic creation in the form of a danced ritual, which celebrates through a stage logic the motion of an unexplored world.

Tracing an ideal path between West and East, the creation is freely inspired by the indigenous rituals of South America, by the symbols and traditions of Japanese Nō theatre, and by the obsessive, at times mystical and eccentric musical research of the composer Giacinto Scelsi around the spherical idea of sound.

The creation presents a shamanic figure finely adorned to lead a magical, timeless ceremony. Its movement and the features of its face – veiled and reconfigured according to canons foreign to Western culture – hold and offer to our gaze the ritual of a possible other tradition, performed within a circular boundary that marks out a space still attributable to the sacred and that gathers the outcome of a harmonious coexistence between natural habitat and human action.

Further information: lostmovement.it

Lost Movement

dance
card

SATURDAY | 26 SATURDAY

#competitions

#performance

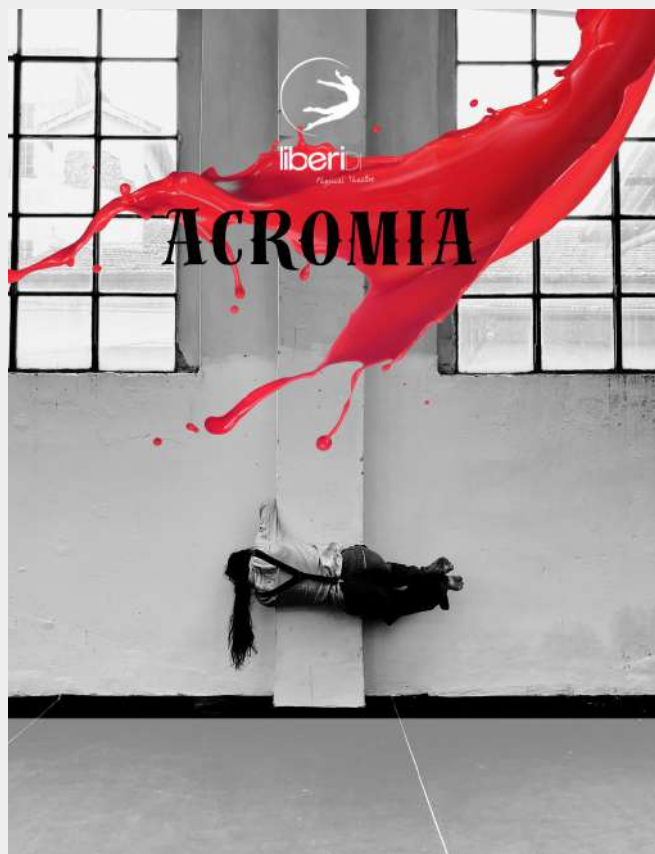
MILANO DANCE WEEK

📍 Teatro della Quattordicesima (via Oglio, 18) | MILAN

20:00 PM

Acromia by Liberi Di Physical Theatre

Infusion by OrmasLab



26

SEPTEMBER_

| ACROMIA

A journey through the rediscovery of oneself and of one's own art, in order to break free from the invisible bonds and chains that weigh on the mind. A focus on how what surrounds us can enrich life. The painter will be the protagonist of a story that unites us all and will show the spectator that art has no borders.

| INFUSION

Infusion is a journey into the search for perfection, where the body becomes a place of transformation, desire and fragility. Through the language of contemporary dance, the piece invites the spectator to reflect on the thin line between the need to improve oneself and the risk of losing one's identity.

Further information: teatrodellaquattordicesima.it

TEATRO DELLA
QUATTORDICESIMA

SATURDAY | 26 SATURDAY

#performance

LE ALLEANZE DEI CORPI - On Demonic Grounds

📍 Officina Opera (via Padova 31) | MILAN

20:30 PM

STAR by Thomas Valerio

26

SEPTEMBER_



Ph Alberto Valtolina

STAR is a work about the transformative power of performance. It asks how bodies can take part in the creation of reality and how sound activates relational dynamics. Poised between performance and concert, the live set develops in relation to the space and to the bodies, with a strong element of improvisation. STAR attempts to activate dynamics of projection and identification using the grammar of the rock concert. Posture, changes of outfit and interaction with the audience simulate the typical elements of the rockstar imagery. The relational and power dynamics established between performer and spectators are called into question, and the audience is constantly asked to renegotiate its role within the live set.

STAR explores the fragility of bodies, instability and change. Through a sound-performative device, it presents itself as an anatomy of failure that sets out to test the possible ways things can interrelate.

Further information: lealleanzedeicorpi.org



le Alleanze
dei Corpi

dance
card

SUNDAY | 27 SEPTEMBER

#education

SLASH FESTIVAL

📍 Parco delle Cave | MILAN

15:00 PM

DANCEABILITY® - accessible dance workshop

Curated by ArteVOX Teatro

Led by Juri Roverato and Anna Maini



Ph Roberto Finizio

27

SEPTEMBER_

From age 6, accessible to people with motor and cognitive disabilities

The workshop, accessible to people with physical and cognitive disabilities, offers a language that is an alternative to verbal communication, through dance and the exploration of the fundamental concepts of space, time, weight and flow.

Danceability aims to unlock unconventional expressive channels, allowing participants to communicate emotions, preferences and dislikes through movement and sensory stimulation. The ultimate goal is a fluid choreography that flows into a tableau vivant of the shared journey.

Further information: artevoxteatro.it/slash-festival

ARTEVOX
TEATRO

SUNDAY | 27 SEPTEMBER

#performance

SLASH FESTIVAL

📍 Spazio Teatro 89 (via Fratelli Zoia, 89) | MILAN

19:00 PM

Tre by Annalisa Limardi

27

SEPTEMBER_



Ph Giulia Lenzi

Partially accessible to blind and neurodivergent people

Tre addresses the theme of diversity by questioning family dynamics, social perception and the difficulty of telling complexity without falling into clichés.

A project that reflects on language, on care and on the need to reshape our relationship with the other.

An autobiographical reworking that starts from the relationship between three sisters: three individualities marked by different bodies, specificities and abilities, who look, within that distance, for a possible space of encounter.

Further information: artevoxteatro.it/slash-festival

ARTEVOX
TEATRO

SUNDAY | 27 SEPTEMBER

#performance

LE ALLEANZE DEI CORPI - On Demonic Grounds

📍 Palestra Pontano CPIA5 (Via Pontano 43) | MILAN

19:00 PM

ConTatto by Federica Dauri



27

SEPTEMBER

ConTatto is a dance performance that explores intimacy starting from the real love story of Luca and Alain, a couple in which one of the two lives with a disability acquired after a spinal stroke. Through a process of observing their daily life, the choreography turns gestures of care, closeness and mutual support into a poetic language able to tell the strength of human contact.

The performance builds an emotional dramaturgy, without a linear narrative, in which meaning emerges from the relationship between the bodies, the space and the gaze of the audience. Silence, shared breath, weight and touch become choreographic material, inviting spectators to recognise fragments of their own affective experience.

The choice of bringing a real couple on stage gives authenticity to the gestures and to the relational dynamics, turning dance into a space of listening and presence. ConTatto reflects on representations of the body, of vulnerability, of desire and of care, helping to build more inclusive and plural imaginaries. Conceived for theatres and unconventional spaces, the performance requires an essential technical set-up and can be adapted to museums, galleries and outdoor contexts. The audience is placed in close contact with the stage action, encouraging an immersive and shared experience.

Further information: lealleanzedeicorpi.org



le Alleanze
dei Corpi

dance
card

TUESDAY 29 AND WEDNESDAY | 30 SEPTEMBER

#performance

MILANO LTRE FESTIVAL

📍 Teatro Elfo Puccini (Corso Buenos Aires,33) | MILAN

20:30 PM

Trailer Park by Tanzmainz

29
30

SEPTEMBER_



Ph. DeDaProductions

In *Trailer Park*, the German choreographer Moritz Ostruschnjak works with ten dancers of the tanzmainz ensemble on an empty stage, suspended between the digital and the analogue world, giving body to an investigation into the relationship between physicality and contemporary visual culture.

Virtuosic, young, powerful: the dancers move inside a choreographic device that works in close contact with the pulse of the present. The creation process is complex and rests on a specific method: Ostruschnjak's works use social media as a resource, not to add new content to the endless flow of images and movements, but to draw on that archive and rework it.

Further information: milanoltre.org

MILANO LTRE dance
card

WEDNESDAY | 30 SEPTEMBER

#performance

#openspace

CORPOFORME

📍 Spazio AiEP - Fabbrica del Vapore (via Procaccini, 4) | MILAN

19:00 PM

Urban Rituals curated by Ariella Vidach AiEP



30

SEPTEMBER

The final stop on a journey across the city's neighbourhoods, where traditional dances become a starting point for new encounters, new movements, and new forms of creation.

Michele Cavenago and Romana Barbui, researchers and practitioners of traditional dance, shared dances, gestures, rhythms, and stories with nine choreographer-performers and 20 participants. What was passed on became something to explore, transform, and make one's own.

Along the way, bodies met, dances were learned and reinvented, and tradition became a living source of inspiration for collective creation. The public has been an essential part of this process, invited to participate and share in the experience.

At Piazzale della Fabbrica del Vapore, the journey comes together in one final encounter, connecting memory with the future, tradition with contemporary creativity, and artists with the communities they have met along the way.

Further information: aiEP.org

ariella vidach AiEP

dance
card

MILANO
è
VIVA



Regione
Lombardia

THURSDAY | 1 OCTOBER

#performance

Fattoria Vittadini

📍 Spazio Fattoria Vittadini (via Procaccini, 4) | MILAN

18:00 PM

Performing Futures - Reloaded by Civico 0

1

OCTOBER_



Performing Futures is a format that weaves discussion and artistic practice together: a short multi-voice conference, with agile contributions from experts, artists and professionals in the field, alongside the presentation of performative material.

The October 2026 edition puts at its centre the passage from training to the profession in the performing arts and will present the first study of Civico 0, a performative project in the making that investigates identity, bodies and paths of transformation, with particular attention to female and plural subjectivities, turning the evening into a space of viewing, dialogue and orientation.

Further information: fattoriavittadini.it



dance
card

FROM THURSDAY 1 TO SATURDAY 3 OCTOBER

#education

PACTA Salone

📍 PACTA Salone (via Ulisse Dini, 7/A) | MILAN

from 10:00 to 14:00

Vidavè Theater Camp 2026 curated by Vidavè



Ph Emma Terenzio

1
2
3

OCTOBER

Frances Nel-Lo Deakin / Improvvisazione Contemporary

Noemi Dalla Vecchia / Coreografia VIDAVÈ

Emma Dora Bogerd / Contemporary (base CounterTechnique)

Matteo Vignali / Contaminazioni con Street/Club Dances & Pratiche Somatiche

Un percorso di tre giorni di studio e di approfondimento del movimento contemporaneo con attività che spaziano dal laboratorio compositivo all'improvvisazione, dallo studio dei linguaggi di movimento a quello del corpo con lezioni, talk e molto altro.

Durante il campus ci saranno dei laboratori di creazione in cui i partecipanti costruiranno delle proprie coreografie, individualmente ed in collaborazione con il gruppo e i direttori di VIDAVÈ che verranno poi presentate nello spazio teatrale di PACTA a fine evento, in una serata aperta al pubblico. I laboratori sono aperti a danzatori professionisti e studenti. Tutto il campus prevede una quota di partecipazione che varia in base al numero di attività a cui si intende partecipare.

Further information: www.vidavecompany.com

FROM THURSDAY 1 TO SATURDAY | 3 OCTOBER

#scena

MILANO LTRE FESTIVAL

📍 Teatro Elfo Puccini (Corso Buenos Aires,33) | MILAN

20:30 PM

MA A CHE SERVE LA LUCE? / Le Ceneri di Gramsci by Virgilio Sieni

1
2
3

OCTOBER_



On the occasion of the 50th anniversary of the death of Pier Paolo Pasolini, the choreographer and dancer Virgilio Sieni, one of the leading figures of the European contemporary scene, moves through *Le ceneri di Gramsci* with a piece that invites reflection on the human condition and on contemporary society, immersing itself in the depth of the work of the poet from Casarsa.

Ma che serve la luce continues the path of the manifesto-piece *Solo Goldberg Variation* with its personal and unique research on the languages of the body in relation to works of art, here shaped around Pasolini's literary work.

Further information: milanoltre.org

MILANO LTRE

dance
card

FRIDAY | 2 OCTOBER

#education

PimOff

📍 PimOff (via Selvanesco, 75) | MILAN

from 9:00 to 17:00

Workshop Caring Through Dance

Caring through dance: a day that aims to bring together professionals from the worlds of dance, health and social work.



2

OCTOBER_

A day of workshops dedicated to the deep bond between dance and care.

This one-day event aims to bring together professionals from the worlds of dance, health and social work around a common theme: "Caring through dance".

Through presentations, interactive workshops and the sharing of experiences, participants will explore how dance can support prevention, care and inclusion, while promoting both individual and collective wellbeing.

The day will be led by Laura Dethier, director of the Quand on Danse programme at Mosa Ballet School, and Roberto Casarotto, co-director of *Aerowaves*, *Future Moves* and *Museum Moves*.

Project promoted by: Wallonie-Bruxelles International, in collaboration with *Quand on Danse* by Mosa Ballet School (Liège) and PimOff.

Further information: pimoff.it


Wallonie - Bruxelles
International.be

PimOff

**danCe
card**

FROM FRIDAY 2 TO SUNDAY | 4 OCTOBER

#education

ExtraDanae

📍 LachesiLAB (via Nicola Antonio Porpora, 43) | MILAN

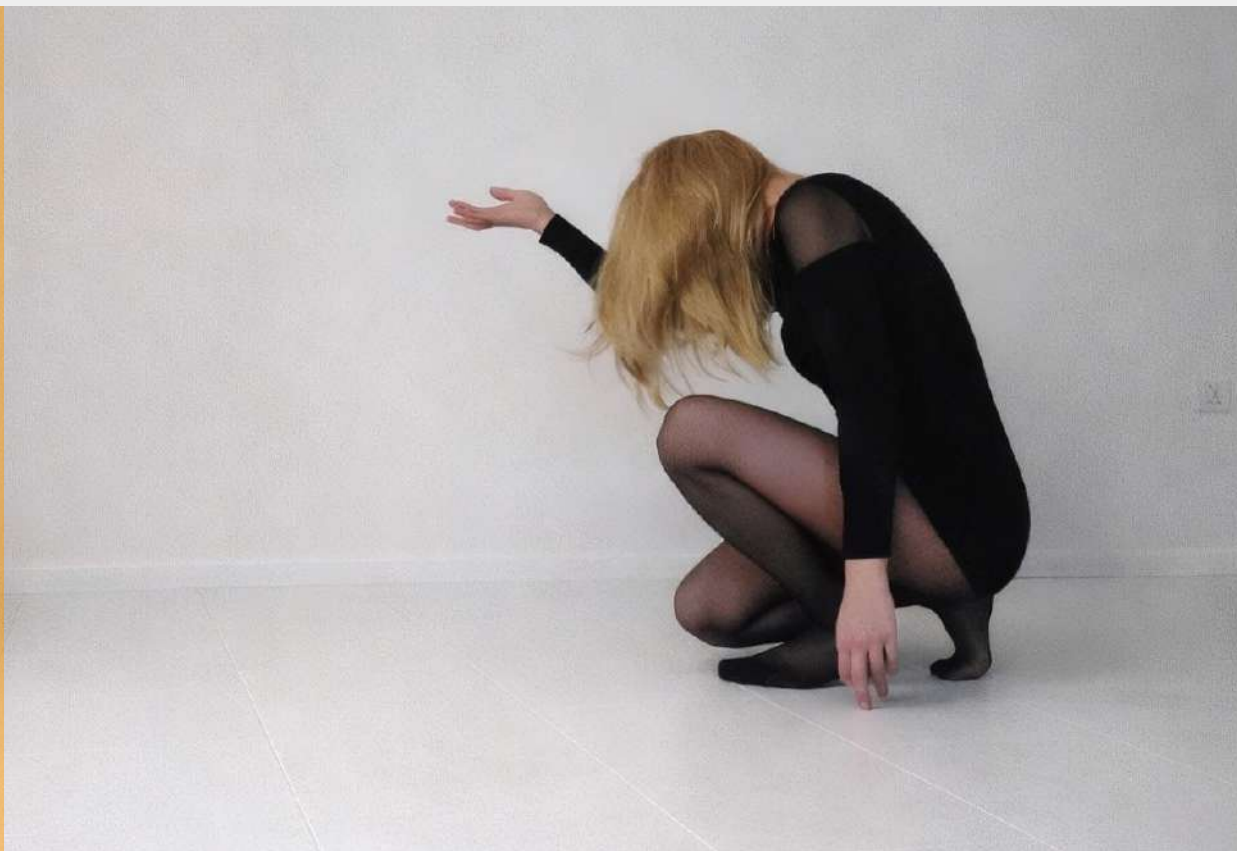
from 12:00 to 18:00

TRAJECTOIRES DU RÊVE by Francesca Proia

A 7-day workshop with a final public opening on 15 November within Danae Festival
(second part of the workshop: 12–15 November, Fabbrica del Vapore | Milan)

2-3
4

OCTOBER_



Ph Danilo Conti

Seminar recognised by Yoga Alliance International

Intensive cycle of advanced training and research in yoga in relation to artistic creation, aimed at artists, yoga teachers of every level, researchers and educators with an interest in the languages of yoga and dance.

The work will proceed through the gradual composition of a collective action, in which individual practices will converge into a shared form. The research will finally take shape as a performative action, as an act that affects perception, the body and the common space.

A public presentation is planned at the end of the course.

Further information: danaefestival.com

DANAE
FESTIVAL

danCe
card

MILANO CHE DANZA📍 [DanceHaus](#) (via Tertulliano, 68) | MILAN*Award ceremony of the short film competition dedicated to dance*

Curated by Cro.me - Cronaca e Memoria dello Spettacolo



4

OCTOBER_

Milano che Danza is a competition and a festival of films dedicated to dance, organised by CRO.ME – Cronaca e Memoria dello Spettacolo di Milano. The initiative welcomes dance short films of a maximum length of 5 minutes, belonging to any cinematic genre – fiction, animation, documentary, video dance, adaptation of live performance or hybrid forms – telling the story of dance in the city of Milan.

The competition sets out to give value to works able to combine choreographic research and cinematic language, with particular attention to the quality of the storytelling and to the building of a meaningful relationship with the urban context of Milan.

Milan, a city in constant transformation and a place of artistic experimentation, becomes a space of observation and storytelling through the body in movement. Dance emerges as a tool to explore the relationships between people, places and times of the city, in its most visible or most hidden expressions, in theatres as in public spaces, in central neighbourhoods as in the outskirts.

Further information: [Milano che danza](#)



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DAL VIVO IN
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FESTIVAL



DiD studio
DANZA INTERATTIVA DIGITALE



FDE
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ESTATE



Milano
Dancing
City

MILAN **OLTRE**

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PACTA
del Teatri
SALONE via Dini

PimOff



Teatro  Franco Parenti

ARTEVOX
TEATRO

BASE

UN
DANCE



PICCOLO
TEATRO DI MILANO • TEATRO D'EUROPA

TEATRO DELLA
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